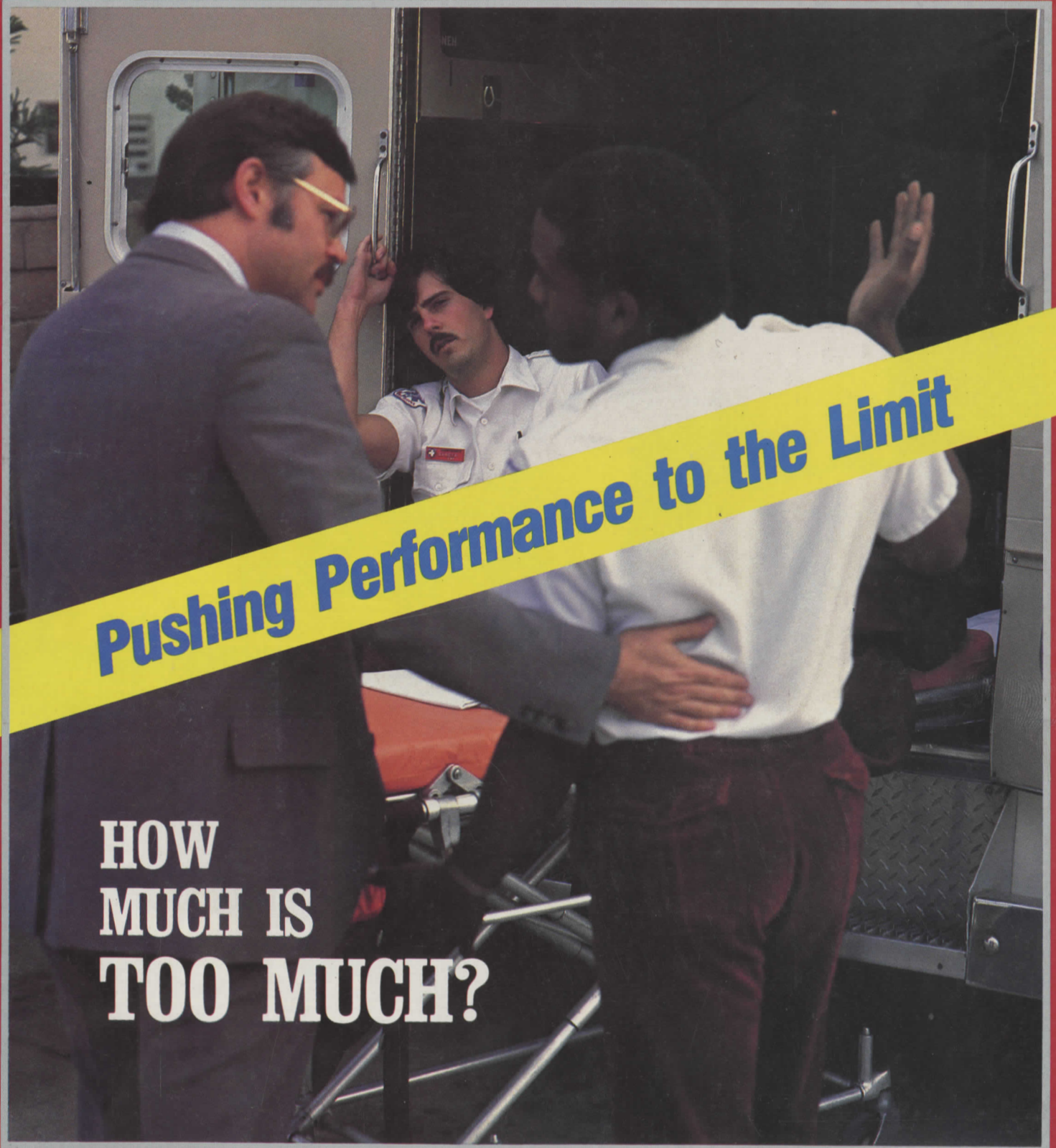


FEB. 1984 VOL. 9 NO. 2

# jems

JOURNAL OF EMERGENCY MEDICAL SERVICES

**Sudden Cardiac Death**  
**Lifting Techniques**  
**Communications Equipment**



**Pushing Performance to the Limit**

**HOW  
MUCH IS  
TOO MUCH?**

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619/481-1128

**Jems**, Journal of Emergency Medical Services, is published monthly by Jems Publishing Co., 215 South Highway 101, Suite 207, P.O. Box 1026, Solana Beach, CA 92075.

**Subscription Information:** Send \$15.95 for one year (12 issues), \$27.75 for two years or (24 issues) \$37.75 for three years (36 issues) to P.O. Box 1026, San Diego, CA 92128. Add \$10 per year for mailings outside the U.S.

CANADA — jems is distributed in Canada by Emergency Services Educational Association, P.O. Box 2560 Grand Forks, B.C. V0H 1H0. Financial or other discounts, services or inducements may be offered periodically to encourage subscriptions or resubscriptions.

**Advertising Information:** Rates are available upon request. Contact Jim Page, advertising manager at 215 South Highway 101, Suite 207, P.O. Box 1026, Solana Beach, CA 92075; 619/481-1128.

**Editorial Information:** Manuscripts and queries should be directed to Brad Smith, Editor, P.O. Box 1026, Solana Beach, CA 92075. Editorial guidelines are available upon request. Submitted manuscripts should be typed double-spaced and submitted in triplicate.

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**Postmaster** — Return Form 3579 to jems, P.O. Box 27966, San Diego, CA 92128.

**Cover photo** by Ed Kessler. Design by Joel Harris. Our thanks to models Richard Fletcher, EMT, Otis Norwood, EMT, Donald Dodson and to Hartson's Ambulance Service.

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