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# JEMS

JOURNAL OF EMERGENCY MEDICAL SERVICES

*JEMS* 1990  
Bookstore Review

Near-Death  
Experiences

The Battle Scars  
of Booze

## DON'T BREAK YOUR BACK FOR THE JOB





# CONTENTS

## FEATURES

### Required Reading— 21 *JEMS* 1990

#### Bookstore Review

by Charles D. Toporek

*JEMS* has compiled a "required reading" list for all EMS professionals thirsting for new knowledge and wanting to brush up on basic skills. This list provides an overview of current texts by topic, along with a directory of publishers.

### Save Your Back: 34

#### Injury Prevention for EMS Providers

by Casey Terribilini, DC, and Kate Dernocoeur, EMT-P

Despite the physical demands that come with caring for patients, EMS providers can and should take the steps outlined here to prevent back-breaking injuries.

### The Functional Anatomy 38 of Low Back Pain

by Nicholas F. Palmieri, EMT-P

The likelihood of back injury can be greatly reduced if the anatomy of the spine and the mechanisms of injury are understood.

### The Battle Scars of Booze: 44

#### Treating the Chronic Alcoholic (CEU Article)

by Mike Taigman

Alcoholic patients don't always evoke the same sympathy in EMS providers as those patients who are "really" sick—but they should. Alcohol abuse takes its toll on the digestive system, the cardiovascular system and liver, placing these patients at risks far greater than merely "tying one on."



### Near-Death Experiences: 50 Beyond the Ordinary Call

by Ron J. Hammond, EMT

Relating to a patient who claims to have "died and come back" can tax even the most accepting of EMS workers. Learning how to respond to the phenomenon of a near-death experience can help ease the situation for both the patient and provider.

## COLUMNS

### The Publisher's Page 6

by Jim Page  
Hot Tub Logic

### Current Research 19

by Bruce Goldfarb

### Pediatric Notebook 71

by Ellen A. Reynolds, RN, MSN,  
Lyn Davidson, MD, and  
Brent H. Dierking, REMT-P

Delivering and Documenting Care in Child Abuse Cases

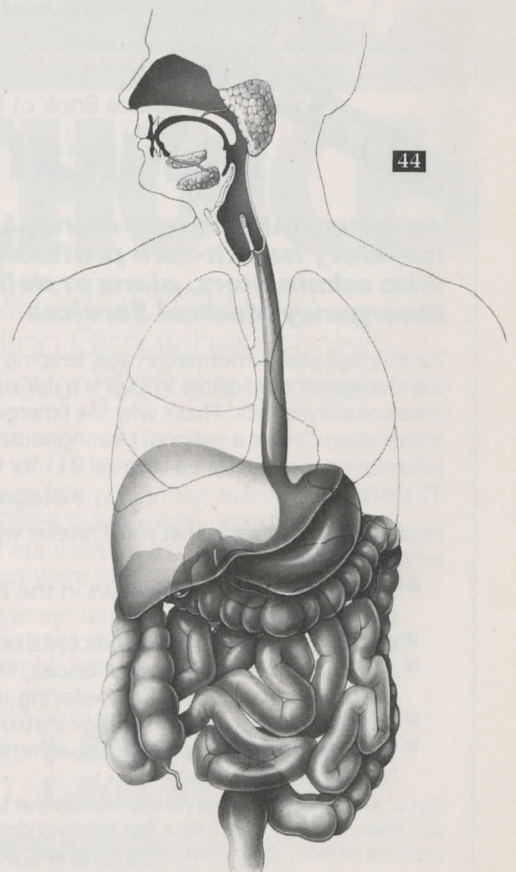
### In the Industry 80

by Rick Minerd

## DEPARTMENTS

Letters	8
Inside EMS	13
Calendar	62
Classifieds	63
Inroads	79
Advertiser Directory	81
The Last Word	82

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